

OUR MISSION

Dedicated to promoting independence and optimal quality of life for children and adults living with seizure disorders, by promoting information, awareness, support, advocacy, and public education.

OUR VALUES

At Epilepsy Durham Region we value:

- Accountability to the public.
- Efficient and cost effective management.
- Treating all persons with integrity and honesty.
- Respect and Diversity.

Anyone at any time can develop epilepsy, even you.

Consider how you can impact positive change for those touched by epilepsy.

Charitable Registration Number
89670-5399-RR0001

Epilepsy Durham Region

Monday to Friday

9:00 a.m.- 4:00 p.m.

For information about epilepsy and support services, contact us:

850 King Street West, Unit 20
Oshawa, ON L1J 8N5

Phone: (905) 571-2099

Fax: (905) 571-0995

Email:

support@epilepsydurham.com

Or visit our website

www.epilepsydurham.com



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EPILEPSY DURHAM REGION



EPILEPSY AND SENIORS

Epilepsy Durham Region ...

***On the cusp of change,
together we're on our way!***

EPILEPSY FACTS:

- Epilepsy is a neurological condition characterized by recurrent seizures. It is one of the most common neurological conditions in Canada.
- Estimates vary, but approximately one to two percent of the population have epilepsy. This means that there are more than 300,000 Canadians living with some form of epilepsy - ***more than the combined total of those living with muscular dystrophy, multiple sclerosis, and cerebral palsy.***
- One in 28 people will develop epilepsy in their life time.
- The prognosis for the elderly with epilepsy is often good. Up to 80% can expect to be seizure free with medication.
- It has been estimated that approximately 10% of those that suffer from stroke will ultimately develop epilepsy, with an incremental risk of 1.5% per year following their stroke.
- The reactions of others can be far more disabling than epilepsy, highlighting the importance of education and awareness designed to enhance epilepsy related knowledge and skills.

EDUCATIONAL PROGRAMMES AND SERVICES

Newsletters

Web Site

School Education

Public Forums

Workshops for: Those living with epilepsy,
Parents, Teachers, Police, PSW and Employers

COACHING

Family

One to one

Employment

OUTREACH

Schools

Corporate

Service Associations

Advocacy

Epilepsy Durham Region is a member of
Canadian Epilepsy Alliance
Alliance Canadienne de L'Epilepsie



EPILEPSY ON THE RISE IN CANADIAN SENIORS



- Statistics Canada estimates that the number of Canadian seniors will nearly double, growing from 12% today to over 23% of the population.
- Between 2011 and 2031 the largest generation in Canadian history – the “Baby Boomers” will be turning 65.
- The prevalence of epilepsy in persons over the age of 65 is 1 in 14 seniors.
- 25% newly diagnosed cases are in persons over the age of 60 years.
- Epilepsy in the elderly may mimic many conditions. It is important to seek a prompt referral to a specialist.
- For a long time epilepsy was seen as only affecting young people starting in early childhood.